

## COST Action TREATME Training School and WG5 meeting

Vienna 2<sup>nd</sup> -4<sup>th</sup> September 2019

### Schedule

Welcome to Vienna!!

2-day TS in Vienna (2-3 September): "2-day TS for experienced and young researchers (Action members) on development and strengthening of knowledge on age specific research strategies and didactic competences for facilitation of research competence in youth psychotherapy (e.g., communication of research methods, research results and the research process) in order to ensure sustainability of the outcome of the Action and collaboration in the future."

Grant Period Goals general:

Conduct systematic reviews on predictors and moderators of treatment outcome in psychotherapy with adolescents and young people. The information gathered through the work of the group will be disseminated through the TREATme website and directly to clinicians and other stakeholders to prepare no less than three further systematic reviews on predictors and moderators of treatment outcome in psychotherapy with adolescents and young people, one of which will focus on either anxiety or depression whereas the others will focus on other major diagnostic groups. Cooperation between ECI and experienced researcher preparing for the sustainability of the Action; strengthen ECI's leadership in the Action, prepare ECIs for future research leadership, and plan for an international, cooperative PhD/ITN program.

Description:

**Trainer:** Gary Donohoe, Galway University, Ireland

**Location:** Dept. of Psychoanalysis and Psychotherapy and Postgraduate Unit Medical University Vienna, Austria

**Participants:** Gary Donohoe (trainer) Ireland

José Mestre (WG3)

Stephanie Schmidt (WG5) (CH)

Celia Sales (WG5) (Portugal)

Randi Ulberg (Norway) (WG1)

Julian Edbrooke-Childs (WG4) (UK)

Stig Poulsen (WG1) (Denmark)

Ioana Podina (WG1) (Bukarest)

Fredrik Falkenström (WG3) (Sweden)

Martin Debanne (WG1) (CH)

Erkki Heinonen (WG2) Finland

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Sunday 1st (optional) Dinner or Music

20:00 Großer Saal, Musikverein, Saisoneneröffnungskonzert Musik der Meister  
Mährische Philharmonie Olmütz | Mozart • Beethoven

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**Monday 2<sup>nd</sup>**

9.00 – 11.00

*Training School*/ Introduction / Current status and Plan to ensure sustainability of the outcome of the Action and collaboration in the future / dissemination proposal / cooperations / curricular work (Henriette Löffler-Stastka)

Lecture on "Implementing an international training network/doctoral program and reviewer experiences" (Gary Donohoe)

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11.00 – 12.30	<p><i>Preparing the small-group meetings</i></p> <p>Managing international cooperation / Industrial partnerships / curricular demands / research methods / publications – <b>short presentations</b> as background for the COST-TS exercise in small groups</p> <ul style="list-style-type: none"> <li>• Child and youth mental health in England (Julian Edbrooke-Childs)</li> <li>• Design and methodology of randomized controlled trials within a precision medicine/psychotherapy framework - moderator studies within an RCT framework (Stig Poulsen)</li> <li>• General moderators (esp. allegiance effects / th.experience) and sleeper effects - formulating hypotheses (Ioana Podina)</li> <li>• Biological compounds and therapist's capacity for emotional involvement and empathy with the patient (Fredrik Falkenström)</li> <li>• Biomarker and social cognition (Gary Donohoe)</li> <li>• MicroExpressions and technical demands (Henriette Löffler-Stastka and Martin Kampel)</li> <li>• Research in personalized feedback systems, idiographic measures and participatory research (Celia Sales)</li> <li>• Mediators (Erkki Heinonen)</li> <li>• Prevention and transdiagnostic mechanisms of change (Stephanie Schmidt)</li> </ul>
12.30 – 13.30	Lunch
13.00 – 14.00	<i>Plenary meeting:</i> “How to write a MSCA-ITN/EID proposal (Henriette, Gary)
14.00 – 17.00	<i>Small-group meeting:</i> “How to agree on content / topics / grant writing / combination with publication strategies – further elaboration of the short presentations – further elaboration of the short presentations”
17.00-18.00	MEP Interviews with all Participants (esp. small group leaders/trainer/organizer/head of the project) – MEP scholars
<b>Tuesday 3<sup>rd</sup></b>	
9.00 – 17.00	<i>Training School: Small group workshops</i>
9.00-10.00	<i>Plenary Session:</i> Research methodology for individualized treatment (Stephanie Schmidt, Fredrik Falkenström, Stig Poulsen, Ioanna Podina)
10.00-17.00 (Lunch 12.30-13.30)	<i>Small-group meetings:</i> Discussion of content / topics / grant writing / combination with publication strategies – further elaboration of the short presentations – further elaboration
18.00 – 19.30	<i>Training School:</i> Grant application talk “Planning of excellence – Filling research gaps, understanding and overcoming obstacles in research” and discussion on “Ways to MSCA, to ERC, ... round table with Gary Donohoe, University of Galway, Ireland, Henriette Löffler-Stastka, Vienna and all seniors.
	MEP Interviews with all Participants (esp. small group leaders/trainer/organizer/head of the project) – MEP scholars + Pedro (WG5)
<b>Wednesday 4<sup>th</sup></b>	
9.00 – 12.30	WG 5 meeting Status of the dissemination plan and discussion of action planning for the next future/rest of the Action
12.30 – 13.30	Lunch

13.30 – 15.30	WG 5 workshop Managing international cooperation / interviews Publication/Application Plan
15.30 – 16.00	WG 5 Discussion
16.00 – 17.00	WG 5 meeting WG5: Plan for establishment of future international collaborations. Outcome: All WG will summarize their results on the TREATme website.
20.00	<i>Opera (optional) La Traviata (G. Verdi)</i>

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