

TREATme

PROGRAM

Thursday, February 1

12:00 – 15:00:	Core group meeting
15:00 – 18:00:	MC-meeting
18.00 – 19:00:	Working group meetings
19:00 – 21:00:	Welcome Reception

Friday, February 2

08:30 – 11:30:	Pim Cuijpers: Introduction to meta-analyses and moderator/mediator research
11:30 – 13:30:	Working group meetings & Lunch
13:30 – 16:30:	Pim Cuijpers: Introduction to meta-analyses and moderator/mediator research (cont.)
17:30 – 19:00:	Guided tour at the Akropolis Museum (Optional - Fee: 10 euros*)
19:00 -	Dinner at the Akropolis Museum (Optional - Cost: 45 euros/person*)

*If you wish to join the museum tour and dinner please sign up by **Monday 29/1** at: <https://goo.gl/forms/hDWiZqoWQxqnGcJW2>

Saturday, February 3

08:30 – 11:30:	Eirini Karyotaki: Doing meta-analyses – a practical introduction
11:30 – 13:30:	Working group meetings & Lunch
13:30 – 16:30:	Eirini Karyotaki: Doing meta-analyses – a practical introduction (cont.)

Sunday, February 4

08:30 – 11:30:	Marcus Huibers: Research in mediators and moderators
11:30 – 12:00:	Break
12:00 – 15:00:	Marcus Huibers: Research in mediators and moderators (cont.)

TRAINERS

Prof. dr. Pim Cuijpers

Pim Cuijpers is Professor of Clinical Psychology at the Vrije Universiteit Amsterdam (The Netherlands), and Head of the Department of Clinical, Neuro and Developmental Psychology. Pim Cuijpers is specialised in conducting randomised controlled trials and meta-analyses on prevention and psychological treatments of common mental disorders. Much of his work is aimed at prevention of mental disorders, psychological treatments of depression and anxiety disorders, and Internet-delivered treatments. He has also published on a broad range of subjects in the field of clinical psychology, including psychoeducational treatment and early interventions, psychotic disorders, caregivers of dementia patients, and psychooncology. Pim Cuijpers has published more than 750 peer-reviewed papers, chapters, reports and professional publications, including more than 550 papers in international peer-reviewed scientific journals (more than 140 as first author). According to Thompson Reuters, he is one of the "most influential scientific minds" and was listed in 2014, 2015, 2016 and 2017 in "top 1% cited scientists in the area of psychiatry and psychology" (<http://highlycited.com>). According to Expertscape, an organisation that ranks researchers by their expertise in biomedical topics, professor Cuijpers is the world's number one top expert on depression (<http://expertscape.com/ex/depression>) as well as the top number one expert in research on psychotherapy (<http://expertscape.com/ex/psychotherapy>).



Prof. dr. Marcus Huibers

Marcus Huibers (1972) is Professor of Clinical Psychology and Experimental Psychotherapy at the Vrije Universiteit Amsterdam, with a cross-appointment as Adjunct Professor at the University of Pennsylvania (Philadelphia, United States). He holds an MA in clinical psychology (Utrecht University), an MSc in epidemiology (Vrije Universiteit Amsterdam), and a PhD in medical sciences (Maastricht University). His research focuses mainly on treatment strategies for depression and suicidality, in particular psychotherapy, the underlying mechanisms of change and personalized mental health care. He has authored more than 150 publications, and has supervised 14 PhD students. In 2006, he was the first European to become a Beck Institute Scholar, an American award for 'future leaders in the field of cognitive therapy'. He works as a licensed psychotherapist at GGZ inGeest in Amsterdam, and chairs the Dutch Regulatory College for Psychological Health Care Professions. He is also a culinary writer for De Volkskrant, the largest quality newspaper of The Netherlands.





Eirini Karyotaki, Ph.D.

Eirini Karyotaki is currently working as a postdoc researcher at the department of Clinical Psychology, VU Amsterdam. Her research focuses on examining the effectiveness of psychotherapy in treating adult depression, with a special interest in internet-based interventions. During her Ph.D. trajectory, she focused on systematic reviews with specialization on conventional and individual participant data meta-analyses. She has been involved in several international projects, such as the [E-Compared project](#) (2014 – present) and in the development of treatment guidelines, such as the [World Health Organization \(WHO\) mental health gap program- IG Version 2](#) (2016). Currently she is coordinating a large-scale university project on college students' mental health, namely the [Caring Universities](#), which involves epidemiological, effectiveness and implementation research (2016 – present). Along with research, Eirini Karyotaki is a lecturer in courses on depression and systematic reviews in the research masters in Clinical and Developmental Psychopathology, VU. She has (co) authored 30 published/accepted peer reviewed papers.