

TREATme

MC-meeting 1st of February 2018, 15.00 – 18.00



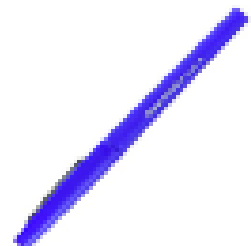
1. Welcome (Action Chair Randi Ulberg)



MEETING ATTENDANCE LIST

ECOST-MEETING-CA16103-200110-001044

Meeting Title: Joint Core Group, WG, and WG meetings		Start Date: 2018-02-01	End Date: 2018-02-01
Action Number: CA16103			
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Nr	Participant	Country	Signature
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Why are we having this COST Action? Memorandum of Understanding (MoU)

Objectives: Challenge

- There is a scattered knowledge on individualized psychotherapy for young people. Lack of
 - understanding between different therapeutic schools
 - sufficient assessment tools
 - adequate study designs.
- Existing research groups across COST countries lack visibility
 - Many researchers are not aware of their presence.

Main Aims

- To **establish a sustainable, multidisciplinary, network of researchers** focusing on individualized psychotherapy for young people with mental disorders.
- To **integrate the European research community** focusing on adolescents and young adults (age 14 to 30), who are in the transitional phase between childhood and adult life
- To **connect and leverage current and future national research investments**, in order to help address the major societal challenge of mental health and well-being in the young.

Action Objectives from MoU

1. Exchange and disseminate specific knowledge about important factors that will improve outcome in different youth psychotherapy modes.

2. Exchange and disseminate specific knowledge about how to **best design** psychotherapy studies that can increase knowledge about what works for whom and how in youth psychotherapy.

3. Facilitate effective co-ordination and harmonization of research in psychotherapy for young people by: 1) Identifying putative specific markers, mechanisms of change and adequate assessment tools in psychotherapy research for young persons, 2) achieve consensus on core measures, and 3) provide advice on adequate study designs.

Action Objectives from MoU

Aim/primary Objective

4. Establish sustainable synergies among European research projects on how to do research on personalized youth psychotherapy and disseminate results: a) encourage network members to **develop collaborative funding applications**, b) continue the liaison established among psychotherapy researchers after the duration of the Action, c) **maintain the planned Action website**.

5. Support a high proportion of Early Career Investigators (ECIs) and especially female and Target Country researchers (ITCs) the COST Action: Ensure that ECIs and TCIs participation is maintained during the life of the action and fully represented in the whole range of the Action activities including Action leadership.

Action Objectives from MoU

Aim/primary Objective

6. Develop a critical mass of researchers across COST countries on youth psychotherapy.

7. Support even genders balance among the participants in the activities in the Network and encourage researchers from ITC to participate.

8. Mentoring and guidance will be offered to new researchers. ECIs and ITC researchers will gain experience of project leadership by fully participating in MC , WG meetings and plenary sessions.

9. STSMs will be organized to support ECIs and ITC researchers to interact with and learn from more experienced researchers.

10. TSs offer training in theoretical and methodological techniques in quantitative and qualitative data

analysis

2. Presentation of the TS organizing committee



3. Adoption of the agenda

13. AOB: presentation and invitation to join funding applications

➤ Dina Di Giacomo

4. Tour de table / introduction of the MC members
5. Verification of the presence of two-thirds of the Participating COST Countries or, if applicable, a quorum
6. Information from COST on rules and procedures (Administrative Officer Karin Kubackova and Tania Gonzalez)

7. Update from

- a. The Action Chair (Randi Ulberg)
 - Submitted an INTERMEDIATE FINANCIAL REPORT
 - Rejected because too little of the funding was spend

At present:

49 MC members

27 MC substitutes

29 Parties (Countries)

Implementation of COST policies on
Inclusiveness Target Countries (ITC),
Promotion of gender balance and Early
Career Investigators (ECI)

		Chair /Vice chair WG Leader	Country	ITC (Y/N)	ECI?	Gender
		Randi Ulberg (Chair)	Norway	N	Y	F
		Elina Kanellopoulou	Greece	N	Y	F
WG1	Specific markers (moderators)	Stig Poulson	Denmark	N	N	M
WG2	Mechanisms of change (mediators)	Svenja Taubner	Germany	N	N	F
WG3	Age customized measures	Fredrik Falkenström	Sweden	N	Y	M
WG4	Age customized research designs	Julian Childs	UK	N	Y	M
WG5	Dissemination / communication with stakeholders	Michael Kaess	Germany/ Switzerland	N	N	M
	STSM coordinator	Jana Volkert (substitute)	Germany	N	Y	F

Implementation of COST policies on ITC, gender balance, and ECI

	Working Group objective	WG Vice-Leader	Country	ITC (Y/N)	ECI ?	Gender
WG1	Specific markers (moderators)	Martin Debbané Eleni Vousoura	Switzerland	N	N	M
			Greece	N	Y	F
WG2	Mechanisms of change (mediators)	Sonja Protic Erkki Heinonen	Serbia	Y	Y	F
			Finland	N	Y	M
WG3	Age customized measures	Marcin Rzezutek	Poland	Y	N	M
WG4	Age customized research designs	Celia Sales Camellia Hancheva	Portugal	Y	N	F
			Bulgaria	Y	Y	F
WG5	Dissemination / communication with stakeholders	Stefanie Schmidt Hanne-Sofie Johnsen Dahl	Switzerland	N	Y	F
			Norway	N	Y	F

7. Update from

- a. The Action Chair (Randi Ulberg)
- b. WG 1 (Leader Stig Poulsen)
- c. WG 2 (Leader Svenja Taubner)
- d. WG 3 (Leader Fredrik Falkenström)
- e. WG 4 (Leader Julian Childs)
- f. WG 5 (Vice Leader Stefanie Schmidt)
- g. Short Term Scientific Missions Inclusiveness Target Country Grant (SSTSM-coordinator Jana Volkert)

8. How to prioritize STSM and ITC applicants.
(Jana Volkert)

Vote:

9. Election of a STSM review committee outside
the CG. (Jana & Randi)

Vote:

10. Election of an ITC review committee outside
the CG. (Jana & Randi)

Vote:



11. Drafting the Work & Budget plan for the implementation of TREATme based on the

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**a. Grant Agreement Period Goals (GAPGs)
for the 2nd Grant Period**

11.a

Input from the country representatives on

- 1) youth psychotherapy practice and research in your country. Please give the group a report on the state of youth psychotherapy practice in your countries
- 2) suggestions on TREATme activities that can enhance youth psychotherapy practice and research in their country and achieve the TREATme vision and goals

11. Drafting the Work & Budget plan for the implementation of TREATme based on the Memorandum of Understanding.

b. Activities during the 2nd Grant Period (Svenja & Randi)

- i. MC - meeting
- ii. Training School
- iii. WG meetings

Vote:

c. Number of STSMs (Jana)

Vote:

d. Number of ITC Grants (Jana)

Vote:

e. Dissemination (Stefani & Elina)

12. Requests to join the Action from:

a) Turkey:

13. AOB: presentation and invitation to join
funding applications

Dina Di Giacomo

VOTES in Athens on

- joint CG/MC/WG-meetings or joint CG/MC/TS-meetings during GP2 (Svenja)
- how to prioritize STSM applicants. (Jana)
- how to prioritize ITC applicants. (Jana)
- STSM review committee outside the CG (Jana)
- ITC review committee outside the CG (Jana)
- Dissemination (Stefanie & Elina)
- Turkey as a new party in TREATME (Randi)