

TREATME
WELCOME !

EXTENDED CG-MEETING IN
OXFORD
19.09.17

2. Adoption of the Agenda

3. Tour the Table

TREATME: Core Group

- Randi Ulberg (Chair)
- Elina Kanellopoulou (Vice-Chair)
- Stig Poulsen (Leader WG 1)
- Martin Debbané (Vice-leader WG 1)
- Eleni Voursoura (Vice-leader WG 1)
- Svenja Taubner (Leader WG 2)
- Sonja Protic (Vice-leader WG 2) - Skype
- Erkki Heinonen (Vice-leader WG 2)
- Fredrik Falkenström (Leader WG 3)
- Marcin Rzezutek (Vice-leader WG 3)
- Julian Childs (Leader WG 4)
- Celia Sales (Vice-leader WG 4)
- Camellia Hancheva (Vice-leader WG 4)
- Michael Kaess (Leader WG 5)
- Stefanie Schmidt (Vice-leader WG 5)
- Hanne-Sofie Johnsen Dahl (Vice-leader WG 5)
- Jana Volkert (STSM coordinator)

4. Work & Budget plan

Presentation of the Action

Action Objectives from MoU

Aim/primary Objective

There is a **scattered knowledge on individualized psychotherapy for young people.** This is connected with lack of understanding between different therapeutic schools, lack of sufficient assessment tools and adequate study designs. Existing research groups across COST countries lack visibility so that many researchers are not aware of their presence.

Action Objectives from MoU

Aim/primary Objective

1. Exchange and disseminate specific knowledge about important factors that will improve outcome in different youth psychotherapy modes.

2. Exchange and disseminate specific knowledge about how to **best design** psychotherapy studies that can increase knowledge about what works for whom and how in youth psychotherapy.

3. Facilitate effective co-ordination and harmonization of research in psychotherapy for young people by: 1) Identifying putative specific markers, mechanisms of change and adequate assessment tools in psychotherapy research for young persons, 2) achieve consensus on core measures, and 3) provide advice on adequate study designs.

Action Objectives from MoU

Aim/primary Objective

4. Establish **sustainable synergies** among European research projects on how to do research on personalized youth psychotherapy and disseminate results: a) encourage network members to **develop collaborative funding applications**, b) continue the liaison established among psychotherapy researchers after the duration of the Action, c) **maintain the planned Action website**.

5. Support a high proportion of Early Career Investigators (ECIs) and especially female and Target Country researchers (ITCs) the COST Action: Ensure that ECIs and TCIs participation is maintained during the life of the action and fully represented in the whole range of the Action activities including Action leadership.

Action Objectives from MoU

Aim/primary Objective

6. Develop a critical mass of researchers across COST countries on youth psychotherapy.

7. Support even genders balance among the participants in the activities in the Network and encourage researchers from ITC to participate.

8. Mentoring and guidance will be offered to new researchers. ECIs and ITC researchers will gain experience of project leadership by fully participating in MC , WG meetings and plenary sessions.

9. STSMs will be organized to support ECIs and ITC researchers to interact with and learn from more experienced researchers.

10. TSs offer training in theoretical and methodological techniques in quantitative and qualitative data analysis.

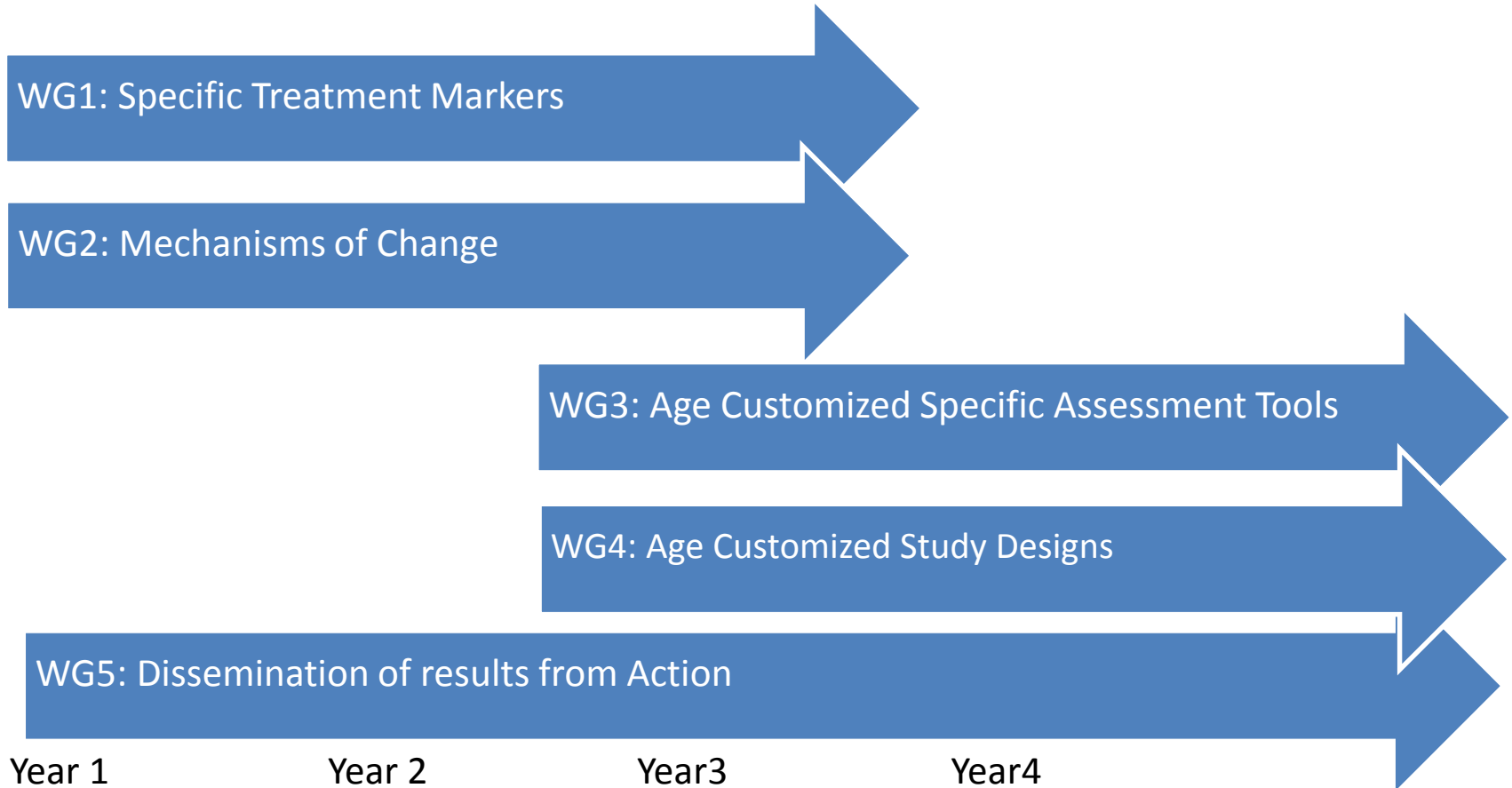
Deliverables

- 1 Develop reviews and disseminate information on putative age specific markers.
- 2 Develop reviews/disseminate information on putative mechanisms of change in youth psychotherapy.
- 3 Develop reviews/disseminate information on age customized process and treatment measures.
- 4 Develop reviews/disseminate information on age customized research designs.
- 5 Dissemination of results and communication with stakeholders.

Working Groups and other management roles/structures

- Working Group 1. Specific markers (moderators)
- Working Group 2. Mechanisms of change (mediators)
- Working Group 3. Age customized process and treatment measures
- Working Group 4. Age customized research designs
- Working Group 5. Dissemination of results and communication with stakeholders

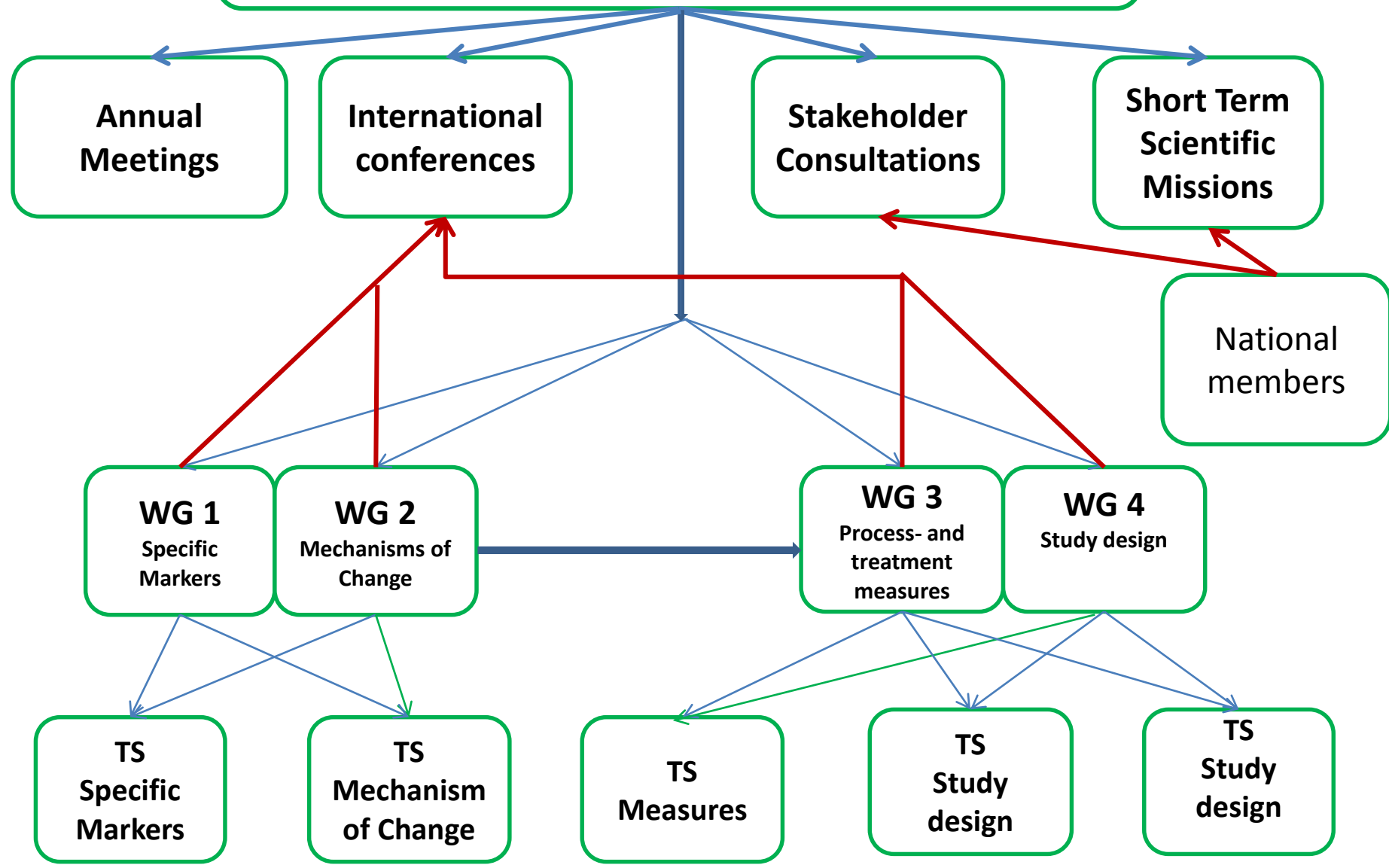
Working Groups



Management
role structure

Management Committee

Action Chair, Vice-chair, WG-leaders, National Representatives



Management
role structure

Management
Committee

WG 1-4

WG 5
Dissemination

All Action
members

All action
activities



- In order to reduce costs and maximize efficiency, the Action plans to organize events simultaneously (e.g. MC and WG meetings, Annual meetings, as well as Stakeholder consultations (SC) and TSs).
- Meetings are hosted by different member institutions/countries.

International partners – How to include them?

- Chris Perry, Mc Gill University, Canada
- Ken Critchfield, James Madison University, US:
SASB, Microanalyses.

5. Status of TREATME

Scientific Committee Recommendations:

“The proposed Action must ensure that the **excellent gender balance and Early Career Investigator participation** is maintained during the implementation and that Early Career Investigators are also **represented in the Action leadership** and not only as training recipients. The **involvement of clinics** should also be sought.”

- 5. Status of TREATME
 - Reports from the WGs
- 6. Decide on STSMs
- 7. Plan the TS

ITC Conference Grant



Action implementation planning

- Development of Objective Achievement Indicators for MoU Objectives
- **Grant Agreement Period Goals**

Action implementation planning

- First Grant Period (GP): 2017-05-01 to 2018-04-30
 - Grant Period Goals, WG tasks and deliverables
 - Activity and budget planning
 - Dissemination strategy/planning (Publications and outreach activities)

11. Plan for drafting W & B Plan for 2nd GP

- Action implementation planning
- Development of Objective Achievement Indicators for MoU Objectives

WG meetings Wednesday 20

- WG 1: 12-14 PM
 - WG 2: 10 AM
 - WG 3: 9 AM
 - WG 4:
 - WG 5:
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- Planning for the Structured discussion?