

Dear TREATme friends,

The Covid-19 pandemic has hit TREATme hard. As a COST Action, our main tool is to travel, meet each other, teach each other, learn from each other, disseminate information to stakeholders, and initiate and collaborate in new research projects.

Even though visiting each other, in-person Working Group (WG) meetings, and STSMs have been impossible, the WGs have in an impressive way, continued their work. The WGs that in many ways have turned into well-functioning research groups continue their work. Systematic reviews are on its way. Guidelines on how to include young people in research is under development. WG5 continues their dissemination tasks encouraging us all to contribute with reports from ongoing TREATme activities, collaborative publications, and funding applications. Also, guest editorships for a special issue on youth psychotherapy in *Frontiers of Psychology* is on its way. More video productions and webinars will come. This will give TREATme members stages to publish and share research and compensate for the fact that we will not meet each other for a while. I look forward to learn much more about recent youth psychotherapy from TREATme webinars and the special issue!

Extension of the Action

The COST Executive Board has decided to extend our Action until September 30, 2021. This means that we until then can continue our collaboration supported by the COST organizational structure. We have funding for one postponed in-person meeting to be held probably in late July. The Grant is for a joint Management Committee / Working Group / Core Group meetings, and Final dissemination webinar. I'm sure this will help finalize our aims and boost for continued cooperation in the future.

Virtual TREATme meetings

For the joint TREATme meetings planned in Tallinn, Estonia in December, we will not be able to meet in-person. This will be virtual meetings. **Please hold the dates: December 10 and 11, 2020 for remote TREATme meetings.** Since this will be a digital meeting, the intension is to use a platform so more than the MC members can participate in the important discussions and the dissemination webinar.

What about the future?

The Core Group wish to facilitate and plan for future collaboration among TREATme members after the Action's funding period. During the remote meetings in December 2020, we will discuss how we can structure and strengthen cooperation. One option is to continue to collaborate in the WGs and keep the structure with monthly CG meetings. The main thing is to keep up the good work on individualized youth psychotherapy!

There has been talks between TREATme and the Child, Adolescent and Family therapy Research (CAFTR) special interest group in the Society for Psychotherapy Research (SPR). It's very helpful that the CAFTR Chair Sibel Halfon is also a TREATme member. This will facilitate the elaboration of the cooperation between TREATme and CAFTR. I recommend all TREATme members to join the CAFTR listserv!

Dear colleagues; Stay safe! Stay connected!

Best wishes!

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