

**TREATme at the 52nd
Annual International
Meeting of Society for
Psychotherapy Research**

The 52nd Annual International Meeting of Society for Psychotherapy Research themed “From Unravelling to Stitching: Tailoring Psychotherapy in the Face of Change” was held from June 23-26, 2021, in a virtual setting. Originally planned to be held in Heidelberg, Germany, due to the Covid-19 pandemic travel restrictions, the setting of the conference was Myonvent platform specialized for organization of interactive online events. Although in-person meetings have incomparable advantages of live experiences, this years’ virtual conference had some benefits. First, such platform made switching between the auditoriums exceptionally easy, so deciding about listening to another presentation was possible in a matter of seconds. Second, due to the time zone differences, the sessions were recorded and the viewing on-demand for a year after the conference has been enabled, thus making the conference sessions and workshops extended resource for learning. The social events, as the most challenging part of virtual meetings, were organized through video meetings and chat with particular instructions so engaging audience in that sense was mimicking the real-life conference.

As usual annual meetings, the conference began with pre-conference workshops, and continued with opening ceremony, the presidential address, and the award ceremony. TREATme has organized a panel Individualized psychotherapy treatment for young people with mental disorders (TREATme) in which five presentations were given. The presentations followed the structure of TREATme organization – the Working groups – who showed their results over the 4 years.

The panel started broadcasting on Thursday, June 24 at 8am after the brief meeting of the presenters and the SPR assistant. Due to the technical issues, some presenters and discussants could not join, but sending a pre-recorded video (another benefit of this type of the conference) has resolved many issues.

Svenja Taubner and Stig Poulsen were moderators of the TREATme panel which started with the presenting the work of Dissemination Working group (WG5) by Tamara Prevendar. The preliminary findings of the Working group 1 followed: Predictors and moderators of outcome of psychotherapeutic interventions for mental disorders in young people: a systematic review by Stig Poulsen; Yianna Ioannou presented the work of WG2: Mediators of Outcome in Youth Psychotherapy; Mariana Veloso Martins for WG3 presented Measurement Instruments for Adolescent Working Alliance: A Systematic Review; and Julian Childs & Filipa Martins for WG4 presented Impacts of patient and public involvement in mental health research with young people: a systematic review.

TREATme members were present at the meeting of special interest group The Child, Adolescent, and Family Therapy Research (CAFTR) whose Chair is Sibel Halfon, also a TREATme member. As TREATme network will continue collaboration after the end of COST Action within CAFTR special interest group, the chair of TREATme, Randi Ulberg, and Tamara Prevendar, WG5 vice-leader informed about TREATme's activities, social networks profiles and invited the present audience to watch TREATme's panel on-demand.