

Filipa Martins interview

As a Psychology student at the Faculty of Psychology and Educational Sciences of the University of Porto, for my master dissertation project, I am collaborating with Working Group 4 (WG4) of TREATme, the European Research Network promoted by COST, under the supervision of Prof. Célia Sales and co-supervision of Prof. Julian Edbrooke-Childs, researcher at the Anna Freud National Centre for Children and Families and WG4 leader. In this context, I am developing a systematic review on Patient and Public Involvement (PPI) in mental health research with young people.

Patient and Public Involvement

PPI is a process through which members of the public are integrated in research teams in order to take part in conducting research, contributing to the planning and undertaking of research processes with their lived experiences and personal perspectives on aspects that are relevant to the matter under study.

In this study, I propose to review the impacts of involving young people in mental health research and understanding what processes of involvement are linked to positive and negative impacts. My goal is to achieve a critical and comprehensive perspective on what youth involvement in mental health research can offer, and under which conditions.

As excited to see the outcomes of this work, I am very happy for the opportunity to undertake research in such a collaborative process with TREATme WG4, and for all the great learnings that follow this experience.

Filipa Martins

TREATme WG4